



Emerson Park Academy

Jay Peak

2026

Ski Trip Information

Dear Parents / Carers,

Hello and welcome to tonight's information evening, held for all parents/carers, whose sons/daughters will be participating in Emerson Park Academy's ski trip to Jay Peak in America.

As I am sure you are aware, all of the students are very excited about the trip. However, before the fun begins, I need you to go through this entire booklet to ensure that you and your child are fully prepared, prior to the dry ski slope lessons in November, and the week away skiing in North America.

The purpose of this booklet is to give you, and your child, all of the information and guidance regarding the arrangements and requirements for the trip. However, if you have any additional questions, which may not have been covered in this booklet, please do not hesitate to contact Mrs Surrige or myself, directly at the Academy, and we will endeavour to get back to you as soon as possible.

If your child is booked onto the dry ski slope sessions practice (**compulsory for all beginners**), next month, then I would like to remind you that sessions will take place on the following dates – **Tuesday 11th, 18th and 25th November.**

We will be providing transport to and from the Brentwood Ski Centre and it is essential for all those who are skiing for the first time to attend these sessions; we aim to be back at school no later than 7pm for you to collect your child.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Mark Hope', with a long horizontal line extending to the right from the end of the signature.

Mr Mark Hope

Trip Leader

01708 475285 ext 224

PACKAGE DETAILS

Tour Operator:	SkiBound Ltd ATOL No. 2165
Resort:	Jay Peak
Hotel:	Hotel Jay
Departure Date:	29th March 2026
Return Date:	5th April 2026
Flight Details:	TBC TBC
Baggage Allowance:	Historically 1 bag of 23kgs per person maximum Extra bags / skis / snowboards £100 per item (approximately).
Total Cost:	£2,150 per student
Which includes:	Transatlantic flights (Outbound & Return) Coach transfers to and from airports X6 nights half board accommodation X5 day ski lift pass X5 days hire of helmets, skis, boots and poles x5 hours ski lessons each day Après Ski Activities Local Skibound representative Comprehensive winter sports travel insurance
Not included in cost:	Passport ESTA Airport Passenger Duty (APD - for those 16 yrs old) Lunches (£20 per day) Spending money (Please be sensible!!) Specialist Ski Clothing

EXAMPLE ITINERARY

Day	Daytime Activity	Example of our Après Ski / Night time activity
<p><u>Day 1</u> 29th March</p>	<p>Depart UK & Flight(s) to North America</p>	<p>Transfer to Resort Hotel Check Rooms / Bed</p>
<p><u>Day 2</u> 30th March</p>	<p><i>Ski Fit & Day 1 Skiing</i></p>	<p>Pump House</p>
<p><u>Day 3</u> 31st March</p>	<p>Day 2 Skiing</p>	<p>Climbing / Cinema</p>
<p><u>Day 4</u> 1st April</p>	<p>Day 3 Skiing</p>	<p>Pump House</p>
<p><u>Day 5</u> 2nd April</p>	<p>Day 4 Skiing</p>	<p>Quiz / Packing!!</p>
<p><u>Day 6</u> 3rd April</p>	<p>Day 5 Skiing</p>	<p>Transfer to Boston Shopping Mall (TBC)</p>
<p><u>Day 7 & 8</u> 4th & 5th April</p>	<p>Shopping (Quincey Market) & return '<u>night</u>' flight to UK</p>	<p>REST / SLEEP HOME!!</p>

ACCOMMODATION & MEALS – (Pictured below)



Meals:

Students will all be expected to be at breakfast and evening meals on time, wearing clothing that is appropriate for a restaurant. Please inform your child that I expect all of them to respect the restaurant etiquette and, at all times, they must remain seated within the dining area until they are dismissed by a member of Emerson Park staff.

Students always take full advantage of the buffet style breakfast and dinner and I am yet to hear of anyone going hungry on a ski trip!

There will always be something for everyone ranging from fresh fruit, cereal, pancakes and other hot food served daily (Inc. vegetables), morning and night as part of the package.

Don't forget to let us know of any special dietary requirements well in advance of our departure, it's really important we know before we depart!!

The only meals not included in the package are the lunches which I suggest you budget **£20** per day. Lunch will be eaten, each day, in one of the Mountain Lodges where once again there is a wide range of options to suit everyone.

With five hours of lessons, and one hour supervised lunch each day on the mountain, I anticipate that all students will progress quickly. From previous experience, I know that many students will successfully attempt (with their instructor) runs that, earlier in the week, they felt were impossible.

SKI CLOTHING

Students must be dressed correctly and safely for the **all** conditions they will / may experience throughout the trip.

ITEMS		Packed
Ski helmet	A compulsory item that must be worn in order for students to be able to ski on our trip. Therefore, helmets are included as part of the package.	
Goggles	ANTI – MIST is highly recommended! The glare from the snow can cause great discomfort, especially if the weather is warm and sunny. A pair of goggles is, therefore, essential (most come with unbreakable lenses).	
Face Mask	Due to the extremes of temperature experienced in North America a neck warmer will be an essential item. The wind-chill can make any exposed areas of the face very painful.	
Jacket	An essential item for warmth on the slopes. These should have elasticated cuffs, waistband (snow skirt) and an attached hood.	
Gloves/ Mittens	Mittens tend to be the warmer of the two but either will do. If you find some gloves that are really cheap, there is usually a reason!!	
Salopettes	These are essential and can be purchased or hired locally.	
Underwear	Sufficient for several changes per day as underwear sometimes gets wet from the snow. Lightweight 'base layers and long johns or 'skins' are ideal.	
Fleece Tops	2 - 3 lightweight (¼ length zip type) will enable your child to layer up.	
Ski Socks	Loop stitch ski socks are best; about 3 - 4 pairs are necessary; 5 - 6 pairs are recommended. NO FOOTBALL SOCKS!	
Sweaters	2 - 3 lightweight; 'V'-necked, round necked or a hoodie.	
Shirts / Tops	5 - 6 T-shirts, tops as per the video... AVOID COTTON!!	
Hats	Heat is lost through the head and hats are a must for evenings. One which covers the ears and forehead is best.	

GENERAL WEAR

Needless to say, we will not be expecting the students to wear school uniform for this trip but I would expect that all students dress casually but smartly for our transfers and journeys. Jeans are acceptable if they are clean and not of a ripped design.

In the resort most students manage with just the one jacket for both skiing and evening wear although it should be noted that, should you choose to buy a one-piece ski suit (**OLD SCHOOL**), a warm jacket will still be needed for use in the evenings.

Footwear is important and shoes with a good grip are recommended for the resort; I must emphasise the importance of students not relying on flat bottomed trainers or sliders to get around the resort for evening entertainments. **SLIDERS are not acceptable!!**

The hazards on the mountain are just as dangerous off the slopes as they are on them so I ask this to be taken into consideration. Items of clothing, other than those listed, are as one would expect for any other week away.

We would recommend that when rooming arrangements are finalised the students get together to compile a small first aid kit including protective sun creams.

I can recommend the following outlets to get all of your active ski and après-ski clothing as required.

- **DECATHLON (LAKESIDE RETAIL PARK & SURREY QUAYS)**
- **SPORTS DIRECT (SEVERAL STORES LOCALLY)**
- **TK MAXX (ROMFORD & LAKESIDE RETAIL PARK)**
- **ALDI / LIDL (SEVERAL STORES LOCALLY)**
- **SKI –TEX DISCOUNT SKI STORE (BATTLESBRIDGE, ESSEX)**
- **NORTH FACE DISCOUNT STORE (BRAINTREE, ESSEX)**

More recently I have been able to source ski clothing from apps like **Vinted** and on **Facebook Market Place**.

RULES AND GENERAL GUIDELINES ON BEHAVIOUR FOR ALL STUDENTS

On all coaches, transfers in resort and on the aircraft, it is important that, as far as possible, all students remain in their seats (**UK transfer** - students must wear their seat belts). This is for their own and others' safety.

In resort:

- All rooms are to be checked for damage on arrival. Any damage found must be reported to staff immediately.
- No girls will be allowed into boy's rooms, vice / versa.
- No outside visitors are allowed in your room.
- Any damage, whether accidental or otherwise that occurs during the trip must be reported to a member of our staff as soon as possible.
- There is to be no running or unnecessary noise in the hotel.
- There will be no smoking / vaping or drinking of alcoholic beverages.
- All meal and group meet times must be strictly adhered to, particularly at breakfast.

On the mountain:

- Everyone will attend ski lessons and remain in their assigned ability group throughout the trip. Nobody is too good for lessons and this is why we have several different ability groups. If there are any issues, then students are encouraged to speak to Emerson Park staff either at lunch or to staff back in the Hotel.
- Any loss or damage to ski equipment must be reported to a member of our staff as soon as possible.
- Ski equipment must be stored in the correct areas and kept tidy.

Finally:

- During the trip we do not want to upset any other passengers, locals or shopkeepers. Therefore, students will always move around in either their staff led control groups or during periods of remote supervision in smaller groups (not larger than x6).
- Every student is expected to conduct themselves in a polite and courteous manner. Nobody should ever be left alone, especially when we are shopping.
- If anyone has a problem, feels ill or is injured, they must see one of the members of staff as soon as possible.

RULES AND GUIDELINES WHEN ON THE SKI SLOPES

1. Use all lifts correctly:
 - a) Do not fool around.
 - b) On chairlifts, sit quietly and keep skis parallel on ski rest.
 - c) If a safety bar is provided it must be used.
 - d) When leaving the lift move away quickly.
 - e) Be aware of others who may not have done so.
 - f) No back packs to be worn.
2. Remember instructions, from your instructor, as to where to re-join your group should you fall off a lift.
3. Never ski off the marked piste, unless directed to do so by your instructor.
4. Always wear your helmet when skiing or on the slopes.
5. Be aware of other skiers, especially those ahead of you.
6. Always ski under control. North American slopes are patrolled and careless skiers can have their lift passes confiscated.
7. Overtake wide and with care. Remember if you crash into someone else you will be considered responsible.
8. If you stop, move to the side of the piste as soon as possible.
9. Always check up the slope before moving off.
10. Avoid walking on the piste if at all possible.
11. Avoid skiing too close to ski classes.
12. **Never ski alone.** Skiing is only allowed under the guidance of the ski instructors.

Staying Hydrated

Students will get bored of our staff and the instructors asking them to drink water but it is for their own benefit. Dehydration is a huge contributing factor towards altitude sickness which can be a big spoiler on these trips.

We will be on the mountain for the entirety of our trip, so the risk is even greater. We will be asking Students to drink water in the morning, at lunch and throughout their skiing lessons and when they return to the hotel.

Valuables – Passports, Electronics, Jewellery and other items.

Passports:

- All Passports will be collected in by the Academy in the weeks prior to the trip.
- These will be issued back to the student at the airport for check in and the time spent in Duty Free prior to boarding.
- Once on the plane they will be collected from students on the plane.
- Upon arrival the students will be given them back for the purposes of clearing customs, before being collected back in.
- Passport will be kept safe for the week in the hotel and a similar process will be undertaken during the return trip.
- Electronics and other valuables are taken at the risk of the individual and are **not** covered by the insurance e.g. mobile phones, headphones, jewellery, tablets or any other computer type devices or accessories.

Spending Money:

- This is always a very sensitive subject, but as a rule of thumb I would recommend that parents / carers should budget for **£20** per day for lunches on the slopes (x5 days @£20 = **£100**), with another **£25** for the airports (x2 Terminals / transfers @£25 = **£50**). Total **£150**.
- Any money above this amount is at your discretion. From experience students tend to buy in resort small keep sake items, sweets and fizzy drinks and they will probably want to buy other items at the shopping mall.

Please note - Exchange rates are not as good as they once were!!

- We do not encourage students to carry any amount of cash and are now encouraging all parents to consider using modern banking methods such as Apple Pay, Google pay or setting up for example Revolut / Monzo / Wise account which parents / carers in the UK can monitor / track and add money to if necessary.

Final bits.....

- Only pack what you need and try to pack efficiently! Historically you will have a limit of 23kgs and you will be fined heavily by the airline for your luggage being overweight. If you plan to shop then you must allocate space for your purchases.
- Use a suitcase that is durable! Your cases don't get treated with any special consideration and if you don't want your dirty laundry making its way around the baggage reclaim then I recommend that you use a good quality suitcase.

WHAT HAPPENS NEXT?

November Dry Ski lessons for all beginners (**Compulsory**)

January Rooming lists - Please note that we will do our best to room as many students as we can with their friends but we do need to consider everyone. Historically we have always done this in a very diplomatic way, where students get to choose their own rooms providing that we have no behaviour concerns.

February I will write to you again with the final information regarding the trip.

March Final meeting with all students the week before we leave ensures that everything is accounted for and students are ready.