



# JOIN US!

## HES Dedicated Dads

HES invites you to our monthly meet-ups that are available for all Dads/Father figures in Havering.

Our sessions support Dads to learn more about children's emotional wellbeing as well as providing a space for fellow Dads to connect and share experiences.

**Hornchurch Fire Station RM11 1SH**

**Monthly, 6-7pm**

**Refreshments provided**

**Scan the QR code to register for future meet-ups!**

